



## Week Four Notes and Homework

### Why Dark Magic is so Powerful

If you think back to your early days of training in *A Witch's Primer*, you will remember that you built your power bodies in a specific order. This order was not decided arbitrarily. The order mimics the order of creation itself. From the perspective of the elements, the phases of creation move from Fire, to Water, to Air and finally to Earth.

Desire (Fire) becomes emotionalized (Water), is given conceptual structure (Air) and then objectified or manifest (Earth). We might think of the Fire body as existing in the world above, the Water body as existing in the world below, the Air body as being the upper level of the world around, and Earth body as being the lower level of the world around.

We are always creating our world magically following this formula, whether we are doing it consciously or by habit. Our desires determine our outcomes. If we are experiencing outcomes that we dislike, it means that we are actually desiring those things, and those desires have been set into motion to manifest for us in a very precise and exact manner.

If we can change the desires we have, we can change the manifestations. However, our desires are such a non-dense part of who we are that it can be difficult for us to objectively notice them for what they are when they are in their pure desire state. It's much like when we are wearing a perfume—we become so accustomed to it that we no longer notice it, even though it may be quite strong. Working directly with the Fire body and the world above, is what I call Light Magic; and is the subject of a different course entirely.

Much of the ways in which magic is taught revolves around changing our thinking. This can be very beneficial, since the air body creates the blue prints for the manifestations of our desires. We can definitely alter our results by working with the air body to change the structures prior to them being built. This involves things like visualization, candle

magic, affirmations, incantations and the like. Working on the level of the Air body is effective; but the air body, belonging to the World Around, is but one step away from manifestation itself. It can be very time consuming and require a great amount of energy and commitment in order for us to get the results we desire.

Our Water body is the seat of our emotions, and has its domain in the underworld. What we are feeling gives us an indication of those desires which are being sent to the air body to be designed into physical structures, experiences, relationships and the like. The air body designs the forms which will be created on the earth plane, but it takes these emotionalized desires directly from the world below, our Water body.

Think of this concept in terms of the physical elements for a moment. A desire is created. It's the spark of Fire (the World Above), which simultaneously creates its opposite: Water (The World Below). The two elements react upon each other and create steam (Air: the world around as design), and once the reaction is complete, the sediment left over is the Earth (the world around as manifestation). All of our physical experience is thus merely sediment from alchemical reactions that are constantly occurring. All physical experience in the third dimension is the result of the reaction between the world above and the world below. Those of you who took my Tarot Magic course will remember this elemental theory as it was conceptualized as a 6 pointed star.

The more in tune we are with the Water body (the world below) the more we can be aware of exactly that which is being sent to the Air body for planning, and what will ultimately be our objective experience in the Earth body (the world on which we stand). The emotions we are experiencing demonstrate to us that which we are in the process of creating. If we don't like the emotions we are carrying, we probably won't like the experiences when they are manifest either.

Dealing directly with the earth plane is very slow and difficult, and is the manner in which most people in the world who are not metaphysically or magically inclined attempt to handle their problems. Working with the Air body is the way the majority of people involved with magic and metaphysics generally approach changing their reality. But as we have discovered, the air body deals with forms that are almost already manifest. This is the reason why so many people get frustrated with their operations when they work purely using the air body. They are working at a level too close to the end of the chain and often have a hard time changing the blue prints prior to them being realized in form.

Working within the realms of the emotions (the Water body, or the world below) gives us much more time and ultimate power to change things to our liking than working with the Air body alone, since the underworld is several steps away from manifestation. Waiting to work on things with only the air body, as most magicians and metaphysicians do, can be much like trying to turn around a great ship prior to it reaching an iceberg. It can be done of course, but it's much more unwieldy than taking care of things earlier before it gets to the point of crisis.

Now that you are beginning to have some experience in working with the underworld, you are probably realizing that you no longer need to avoid your negative emotions. They are simply showing you the direction your magic is flowing. You have techniques now that enable you to dive into the emotions and begin to harmonize them as you make new decisions and infuse them with new desires. This is a much more powerful, quick and effective way of changing things than relying on working with the air and earth bodies alone.

Ultimately, it is wise to use all of our magical bodies together as a whole. Yet, in working directly with the underworld you have found a way to alter your life that gives results much more quickly and powerfully than those which most people have ever been exposed to.

## **The Silence**

Deep in the darkness of the underworld exists an infinite opportunity for rest, rejuvenation, healing and peace. Beneath the suppressed fears, angers and other tense emotions lies an ever expanded peace and silence. Entering this silence is entering the Holy Place.

The word *occult* means *hidden*. Within the silence is all *occult* knowledge. This knowledge and wisdom is hidden from the conscious mind. It can only be accessed through pure being.

Although there can be great benefit in building so-called “Astral Temples,” the silence is beyond all conscious thought and is not a place that can be seen. The voice of your Superconscious mind is a voice that is loud within the silence, but it cannot be heard. The only way to access this occult wisdom is by entering the silence directly.

As you work on the various techniques described in this course, you will find that your own underworld experience becomes quite comfortable and quiet. You no longer are bullied by fears and apprehensions as you may once have been. You begin to access tremendous amounts of power to change your life by transforming the thought forms held within the darkness.

The more often we enter silence, stillness, and peace, the faster we are able to transform our lives into the reflections of that same peace and stillness. We notice that our manifestations cease coming in to being in violent or painful ways, but instead we live lives of grace, poise, prosperity, love, health and perpetual gratitude.

Occult wisdom, being beyond words, seeps into our being by a force similar to osmosis. Moving into the silence, we notice that we go through cycles of rejuvenation. Our minds move from rest to activity, rest to activity. We learn to notice these cycles and allow them to be harmonized by our Superconscious minds in order that our Conscious minds are stilled and given rest; our Conscious minds then begin to function in a much more

healthy manner, rather than attempting to carry burdens which they were never meant to carry.

We can take any burden into the Silence and give it over to the wisdom of our Superconscious mind to be harmonized. The Superconscious mind is all powerful. Once the Superconscious mind harmonizes the energy we have been experiencing as a burden, our desires are no longer obscured by the limited thinking of our conscious minds which have been obsessed with trying to unburden us (a task for which it is incapable of accomplishing). The Superconscious mind then gives these newly harmonized desires for Good to the Dark One and the manifestations which occur are always greater, more pleasurable and filled with joy than anything our conscious minds could have come up with on their own. This is how it is possible to live a *charmed* life.

Yet the conscious mind must choose to enter the silence. This power of choice is the conscious mind's alone. If you don't choose to work the magic, the magic will work itself based solely on the habits that have already been established. This is what is meant by the saying, "the choice not to decide is still a choice." If you are living life being banged about from one experience to the next, you have made a choice to do so by your own indecision.

Make it a habit to enter the silence regularly. It's not necessary that it always be done in the underworld, but doing so can be very pleasurable and restful. Whenever you enter the Silence, be certain that you are in a place that you can remain undisturbed for the length of time you desire to rest there (10 to 30 minutes at a time is sufficient).

### **To Enter the Silence in the Underworld**

1. Invoke
2. Conjure your Underworld Orb of Light
3. Ask your Superconscious Mind to take you to the precise place in the Underworld that has perfect peace for you.
4. Descend into the Underworld.
5. Begin to relax and let go into the peace, silence and stillness.
6. Stay as long as you like.
7. Ask the Superconscious to take you back home.
8. Ascend back into your body.
9. Be sure to verbally repeat the words Blessed Be (or any phrase that you prefer) in order to be certain you are back in your third dimensional time and place.

### **Advancing your Dark Magic**

As you continue to use Dark Magic to obtain fast and powerful results in your life, remember that you are developing a relationship with your Superconscious Mind and the Dark One to levels most people don't even know exist. As long as the superstitious nonsense associated with magic, the Underworld, Deities, Spirits, Demons, Angels and

the like are no longer a part of your practice, you may be interested in exploring the World Above and The World Below in a less abstract manner.

Many people relate the world above is a Male deity, such as Father Sky, The Sun God, Belinos, Ra, etc. They may also experience the world below as Mother Earth or underworld goddesses such as Hecate, Persephone, Cerridwyn, Sekmet and the like.

Others find that the world above (the Superconscious) is personified by goddesses such as Astarte, or Nuit while the world below (the Dark One) they relate to as male deities such as the Dark Lord, Cernunnos, Set, Hades, etc.

Some practitioners find that evoking the spirits of the Underworld work best for them when working with Goetic spirits such as Bune, Ashtoroth, Asmoday, etc. while others deal with these spirits as the Fae, and Faeries.

My recommendation is to find the certainty of working with the energies of the Worlds as abstract principles and shades *first* to be certain you understand what they actually are. Then, if you are drawn to particular systems, take time to research the systems thoroughly to understand the cultures involved with such systems, pantheons etc. I find that it is extremely important to align with entities only when you understand the methods and customs associated with those entities and are respectful of them.

For instance, if you are drawn to working with the powers as Orishas, I would never recommend arbitrarily calling on the Orishas by name until you have a great deal of knowledge of the traditions behind them so that you are capable of being respectful of them as such. Once you take the powers out of the purely abstract and into the personal, you are also moving into the Group Mind which is associated with the powers as named. It's a very sophomoric and ill mannered practice to arbitrarily call on the Powers by ancient names without having taken the time to obtain sufficient knowledge of the cultures and practices out of which those names were born.

There are two ways to research named Powers. One is through the conscious mind. This is done by reading, studying and working with teachers and experts in the system at hand. The second way is by working directly with the entities themselves. I recommend that both methods be used, but always do your research FIRST before working with a named entity directly.

## **Spirit Guides**

In addition to working with named entities from specific cultures, you also have the ability to work more personally with the Powers as personal guides. This requires less anthropological study obviously than working with traditional entities. When working with personal Guides, you are simply asking the Powers to reveal themselves to you in forms and by names which are personal to you. This practice takes the experiences of these powers from the purely abstract to the personal.

Working with guides is an extremely beneficial practice that can be life changing. However, whenever you begin to move out of the realms of the abstract, it is very easy for old superstitions to take over. If you notice that you begin to justify negative behaviors as “my guide told me....” or if you start to have puffed up experiences of meditation where your guide gives you some grand ego gratification, or you begin to feel fearful or bullied by a spirit, you need to immediately recognize that you are not in fact experiencing the Powers, but are instead experiencing delusional states of your own ego’s creations.

The Powers as Guides, Deities and Entities are powerful when they give you clear cut practical advice, intercede on your behalf in positive and life affirming ways, and are always under the direct supervision of your Higher Self. However, abusing the concepts of these powers to waste time in silly pursuits, indulge in ego gratification, hexing and cursing, obtaining pointless so-called “information,” or just scaring yourself, is actually not working with the Powers at all.

You will know what you are doing based on the results you are getting in your life. If your life begins to reflect harmony, peace, wealth, joy, health and the like, then you know you are on the right track. If you start to become paranoid, revengeful, desperate, broke, and sick, then you are obviously on the wrong track.

There is nothing wrong with working different systems at different times in your life. This can be seen as a type of “crop rotation.” Some times you may be working intently with a Celtic path for a period of time. At other times, you may be immersed in a Greek system. Perhaps you will be drawn to study Faerie magic, or Angelic magic. Maybe you will be led to the Qabalah, or Solomonic magic.

There is a difference between being well versed and being a dabbler, however. It is very important that systems be respected. If you are interested in Qabalah, then it means that you will be doing so for a significant period of time, since that system is rather dense. If you are working with Faerie Magic, it’s important that rather than just making it up, that you study who the Faeries are and how the Faerie faith has been practiced for centuries.

No one can determine the form the magical path is to take for you except you and your Higher Mind. Working closely in the Silence on a regular basis will bring you into harmony with your Life’s Purpose, and you will notice that your path unfolds before you spontaneously and in seemingly miraculous ways. You will be led on to the path which is perfect for you at the time, and there will be no question that you are doing exactly the right thing.

Dark Magic has a way of making things manifest very quickly, and you now have knowledge and power to work this magic to create your life as you want it. If you don’t like your life, you know who is responsible for that. You have the power to have what you want right now. I recommend that you use it wisely and well.