

# Witchcraft

## Beyond the Basics



With  
Ariel Gatoga

### Basic Anointing oil recipes

- #1 Pure olive oil with a pinch of sea salt added
- #2 Pure olive oil with a few drops of pure essential oil of Lemon Verbena added
- #3 Pure olive oil with the following pure essential oils added: a few drops Myrrh and 1 drop Cinnamon and either a few drops of essential oil or a piece of galangal root
- #4 Pure olive oil with a few drops each of pure essential oils of Frankincense, Myrrh, and Sandalwood
- #5 Pure olive oil with a few drops each of the following pure essential oils; Sandalwood, Jasmine and Patchouli
- #6 Macerated anointing oil: On the night of a new moon, place in a mortar and pestle equal parts of the following DRIED herbs (do not use fresh or your oil will go bad): Poplar, Cinquefoil and Lemon Verbena, plus a bit of saffron. Grind well. Place ground herbs in the bottom of a small glass jar. Pour in enough olive oil to just cover the herbs. Let sit in a cool dark place until the full moon. Strain through cheese cloth or muslin. Pour oil in a vial and keep in a cool dark place.

### Basic Altar Incense Recipes.

Burn incense in your thurible over hot incense charcoals. (Tip: Be sure there is a thick layer of sand under the coals to insulate from heat. Use white ash or a small piece of foil on the top of the red hot coals in order to get more fragrance and less smoke from your incenses)

- #1 On a new moon grind equal parts of Frankincense, Myrrh and sandalwood.
- #2 On a new moon, grind together: 10 parts frankincense; 5 parts myrrh, 5 parts ground sandalwood, 2 parts ground aloeswood, 4 parts rosemary, 4 parts marjoram, 2 parts basil, 2 parts gum arabic, 2 parts allspice, 2 parts gum tragacanth. Add a few drops each of pure essential oils of Frankincense, myrrh, rosemary and allspice oils.