



Week Two Notes and Homework:

In this class we use a device that we call the Underworld Orb of Light. In using this device, we are conveying to ourselves the idea that when traveling in the Underworld, we are internally bright, and guided by our Higher Selves (Superconscious); yet, our light is dimmed externally, in order to respect the darkness which is the natural atmosphere in the Underworld.

Often, when people attempt to use the Conscious Mind alone to travel and explore dimensions which are foreign to it, they find themselves lost very quickly. Most frequently when this happens, the person simply ends up falling asleep and waking up later in their normal three dimensional world, with little to no work having been accomplished. Rarely, and only if the person has a small but incomplete amount of magical training (and thus doesn't fully understand what they are doing) they can get lost in the underworld and not find their way back for a while. This is most often the case in people who dabble in demonology without appropriate preparation.

The good news is that there are extremely safe ways of working Dark Magic.

The Role of the Conscious Mind in Dark Magic

The Underworld, being the realm of the deep mind, is a dream-like world. Entering the Underworld is akin to Alice walking "Through the Looking Glass." Being that the conscious mind is ill-equipped to understand anything outside its own realm, descending into the underworld can be very confusing to it.

The Underworld is irrational and compulsive. Conversely, the conscious mind works best through rationality and reason. The only valuable function that the conscious mind can offer while traveling in the netherworlds is the power of choice.

Some examples of choices the conscious mind can make regarding the underworld are:

- Choosing what areas of life need to be addressed in the underworld;
- Choosing how deeply to dive into any particular terrain of the underworld;
- Choosing when to enter the underworld;
- Choosing when to leave the underworld;
- Choosing to invoke the Superconscious Mind to navigate the vastness of the Underworld, and to bring guidance, inspiration and assistance;
- Choosing thoughts to be planted within the Underworld;
- Choosing thoughts and beliefs which are to be removed from the Underworld.
- Choosing to foster a deep and conscious friendship with the Dark One.
- Choosing to enter the Underworld for the purpose of rest and rejuvenation.

The Role of the Superconscious Mind in Dark Magic

The Superconscious Mind rarely intervenes in our affairs unless it is called upon to do so by the conscious mind. The Superconscious Mind is capable of instantly transporting to any region, in any world or dimension, whatsoever it may be. The Superconscious Mind will always intervene when asked, but only in ways which are for one's highest good. It is actually quite simple to gain the omnipotent assistance of the Superconscious Mind. One simply calls upon it. The act of calling upon a higher power is known as "Invocation."

If your Dark Magic is being performed for things like forgiveness, freedom, success, healing, wisdom, prosperity and abundance, and is used to create forms that bring great joy and fulfillment to you and all of those around you, then you are guaranteed the help you desire. When working this system, always be certain that you invoke your Superconscious Mind to be fully in charge of each and every session. The Superconscious mind can be called upon in any way that feels best to you. You may call it God, Goddess, Holy Spirit, Christ, Great Spirit, Father Sky, Star Goddess, or any of the other myriad names and forms by which it has been perceived and called upon throughout the ages. Whatever name brings about the greatest sense of omnipotence, infinite good, omniscience and perfect love to you is best.

Using Dark Magic To Obtain Practical Goals

The major curricula for each of us in this school we call "earth," exist of a combination of two main categories of problems to be solved. One type of problem is finding relief from unwanted situations, behaviors, and patterns. The other type of problem, is that of realizing our own desires and aims in life. The fastest way to grow spiritually is by using the solving of both these categories of problems in our lives as our method of spiritual growth. Using magic to solve problems is one way to define the term, "High Magic."

1. Deciding on the goal

The best goals on which to work magic are the ones that we desire the most. If we have any unwanted condition in our lives from which we desire relief, that relief is our goal.

When we have a skill that we desire to acquire, that skill is our goal. When we have an object that we greatly desire to obtain, that object is our goal, etc. When choosing a goal make sure it is something you desire above all else. It should be something that is more important to you than any other thing at the present time.

2. Defining the goal

It's best to define your goal on paper. Write out exactly what you want in great detail. Leave nothing out. If it is a new vehicle, what is the make, model and color? What features does it have? Is it new or used? When would you like it by? etc...

3. Defining the Essence of the Goal

The essence of a goal is what you will gain emotionally, mentally, spiritually and physically by obtaining it. Why do you want your goal? What will it bring to you? What spiritual qualities are represented by this thing? For instance, if it's a new home for which you are working magic, what emotional qualities will it bring to you? What are the essential qualities of the home? Beauty? Luxury? Space? Light? Stability? Power? etc...

4. Discovering the Blocks to Your Having This Goal

On paper, make a list of the reasons why you think you can't have this goal. What is the reason you haven't been able to be, do or have this thing in the past? What are your fears of actually obtaining this goal? What are your fears of NOT obtaining this goal? What are the qualities in yourself that you feel are at odds with your obtaining this goal? What are the beliefs you think you have that might obstruct your success in achieving this?

Basic Dark Magic Spell

In defining your goal and scratching the surface of the beliefs and underworld thought forms that may be thwarting your success, you are ready to actually perform some simple but extremely powerful and effective Dark Magic to achieve your desire.

1. Invoke your Superconscious

As stated in the last lesson, the first thing to do when performing Dark Magic, is to invoke your Higher Self, or Superconscious. This can be done in any way that feels most powerful to you. You have been experimenting with invoking your higher power for a week now, and should be getting comfortable in doing so. If not, take some more time in finding and fostering that relationship with your higher self a bit longer before undertaking any Dark Magic Spells.

2. Conjure Your Underworld Orb of Light

Remember that this device is a method of safely and effectively traversing the underworld planes. Use any symbols that work best for you which convey that you are encased in the Divine Light of your Higher Self. This light is as bright on the inside of your orb as you desire, but it does NOT shine brightly into the Underworld. I use the concept of infrared light that enables me to see in the darkness of the Underworld so that it is not necessary for me to broadcast any light out into the Underworld which could upset the balance there. Any symbols that feel best to you which enable you to do the same are absolutely fine.

3. Descend Into the Underworld

You have been working on this skill for a week now. Using your orb as a vehicle for astral travel, it is a safe and enjoyable experience to feel yourself diving below the surface. Go only as deep as feels comfortable.

4. Call on the Dark One

The Dark One is in charge of the underworld, and is in charge of your own deep mind. In reality, both the Dark One and your Superconscious are facets of YOU. But to your conscious mind, they are most usually experienced as entities unto themselves, as this is the way perception works with the conscious mind. As you get more experienced at calling on the Dark One, you will notice how easy and enjoyable the process actually is.

The Dark One is your good friend. The Dark One is always giving you exactly what it understands as being your desires. The Dark One is not capable of making choices for you, or understanding when you are “just kidding.” It always takes you completely at your word. If one of your mottos is, “Life sucks and then you die,” the Dark One is always listening, and will move upon the dark waters of the depths of the universe to be sure that’s exactly what you get. If you habitually say, “I can never lose these last 5 pounds,” the Dark One makes sure you are getting exactly that result. If you tend to think it’s humble to say self deprecating things like “I’m not very important,” “I’m just me,” “Don’t worry about me, I’m fine with whatever happens,” the Dark One is always listening, and is always giving you the precise results of the dominant thought forms that you allow to move into the Underworld.

5. Navigate to The Precise Location Of the Thought Forms That Thwart You

You might think of the Superconscious Mind as being the most perfect navigation system ever built. It can find its way anywhere in the entire universe. It can never be lost. When the conscious mind decides to work Dark Magic in order to obtain a goal, it can ask the Superconscious Mind to take it directly to any thought form which is installed in the underworld that is standing in the way of being, doing or having this goal. Simply command (ask) the Superconscious to take you to the place in the underworld

where there are thought forms which are at odds with this goal. We never supplicate, beg or prostrate ourselves to our Superconscious Minds. We simply state firmly, kindly and boldly that which we desire. The Superconscious always responds. For even deeper training in working with the power of the Superconscious Mind, I recommend the class “*Advancing Your Craft, Witchcraft Beyond the Basics 2.*”

6. Integrating the Darkness

Once you arrive at your destination in the Underworld, relax and allow the feelings, thoughts and images to come and go as they will. Ask to sink deeper and deeper into the feelings and energies which are thwarting your goal. Ask the Superconscious mind to assist in harmonizing this energy and reprogramming it to conform to your goal. Next, use your conscious mind to create a scene in which the goal has already occurred. Command the emotional body to begin feeling the reality of the scene and creating the emotion of the spell having become fully manifest. If the negative emotions come up during this time, rather than fighting them, dive deeper into them. Keep diving only as deeply as is comfortable. Eventually you will notice that your image of success and the pleasurable emotions that naturally accompany the fulfillment of your desire have replaced the original unwanted thought form.

If you haven't gotten a feeling of resolution, it usually means that multiple sessions are required. Be clear in your mind that the work you have done thus far will have a very positive impact on your life, and that you will come back tomorrow to work on it some more. You may travel to this thought form as many times as you need in order to resolve it. If it is especially stubborn, you may want to do a slightly deeper dive. Remember, that even though your Superconscious mind navigates to the location of the thought form, it is you as your CONSCIOUS mind that is completely in charge of how deeply into that region of the Underworld you dive.

7. Giving Your Desire over to the Dark One

It is important that you give the Dark One very specific instructions as to what you want. Say them out loud. For instance, you might say, “Dark One, the goal I want you to manifest for me is that I have the house that I just pictured. I want it to come to me in the most positive way possible, for the highest good of all. I want all the qualities which I have listed. I want it to manifest in an easy, fun and relaxed manner. I want you to work with my superconscious mind so that it brings only good to all. I am completely handing my desire over to you and I know that you will bring it to pass in the best way.”

8. Giving Thanks and Exiting the Underworld

Give thanks to the Dark One, and all the entities which you may have encountered. Feel the immense peace Underworld holds for you when you are in harmony with it. Tell your Superconscious mind that you are now ready to go back to your earth home. Feel yourself ascend and return to your body. Be sure you are fully back, thank your

superconscious mind, and open your eyes. Say “Blessed be” (or any other phrase that you prefer) out loud to be clear that your ritual has ended.

Homework:

1. Goals

Make absolutely certain that you have as complete a list of goals as possible. Take as much time on this as is necessary so that you are clear about all the things you want to see in your life. These goals can be both the overcoming of unwanted things and the bringing in of wanted things; only whenever you list an item which you want to eliminate, be certain that you also list that which you want in its place. These goals can be material, financial, relationship, health, career, travel, spiritual goals, etc. Keep your goals as personal goals, rather than universal goals such as “peace in the Middle East” for the present time. Also make sure that your goals are very specific. An example of an unspecific goal is “I want to be healthy, happy and wealthy.” An example of a specific goal is, “I want all my taxes paid in full, on time, in a fun, easy and efficient manner.”

2. Choose one goal on which to work Dark Magic

Make sure that you choose a goal that is very important to you. It is something you want with all your heart and mind. It must be something that you can get very worked up about, and which has a tremendous amount of desire attached to it.

3. Define Your Spell Very Clearly

Make sure that once you decide on what you want to work Dark Magic, that you are very clear about each and every aspect of your desire. How do you want it to look? When do you want it? What are any special features of this desire? Make sure that you take a good amount of time on this. A spell which has been well defined will work nine times nine. A vague and general spell will get vague results, if any at all.

4. List the Essences of your Desire

What will having, being or doing this bring to you? What are the emotional qualities you will experience when it manifests? What are the spiritual qualities it will bring into your life? How exactly will it be good for you?

5. List All the Blocks To Having This Goal

What do you really believe about receiving this goal? Why haven't you been able to manifest it yet? What kinds of beliefs about yourself do you carry that are at odds with receiving what you want? What kinds of beliefs about the world do you have that may be standing in your way? What are your most negative and unwanted thoughts surrounding this goal or area of your life? Be specific. Be brave and bold in listing these negatives.

6. Work the Spell

You may use the recording provided, “Basic Dark Magic Spell.” You may also do the magic on your own without the aid of the recording, using the outline given in the lesson. Once you have completed the spell, before opening your eyes, ask yourself, and your Superconscious Mind if you need to repeat the operation again the next day. It will either occur to you then, or you will get a sense of it later. Feel safe in being creative in the process. Use your Orb, your Superconscious Mind and the Dark One to create the spell as you want it to be.

If you desire to have symbols on your altar which represent your desire, please do so. You may incorporate any of the tools, symbols, colors and magical procedures that you desire whether from *A Witch’s Primer*, *Witchcraft: Beyond the Basics*, or training from other systems and teachers which you resonate with.

Consecrating and Charging Your Dark Mirror or Speculum

If you have decided to make or purchase a dark mirror or speculum for the upcoming work in evocation, you will want to consecrate it and charge it. It’s best to do this during the WAXING moon on a Monday or Wednesday as close to the new moon as possible.

First, you will need to make a simple potion known as a Universal Fluid Condenser.

There are many different recipes for fluid condensers, but this one is both simple and is one of the oldest methods I’ve come across. (recipe follows).

Set up your altar with a black cloth, and two white candles. Be sure you have salt and water, and a thurible with hot coals and some basic incense such as Frankincense and Myrrh.

Have a clean, lint free cloth handy for polishing your mirror.

Place your mirror before you on your altar.

Cast your circle.

Sprinkle the mirror with salt and water saying, “blessed by thou mirror of art, by the wisdom of the Dark One be you blessed and consecrated, that thou mayest aid me.”

Repeat the chant as you cleanse and charge it with fire and air by passing it through the smoke of your incense.

Take several drops of Universal Fluid Condenser and drip them onto the surface of your mirror, continuing your chant, rubbing them all over the surface of the mirror with your fingers.

Take your polishing cloth and polish your mirror as you continue the chant.

Place your mirror on its stand stop your chant and gaze into it, seeing it become filled with the blue witch light (refer to A Witch's Primer for more information on charging and consecrating).

Finish by saying "So Mote it Be" out loud.

Take down your circle.

Recipe:

Universal Fluid Condenser

Preheat your oven to 250 f

Put an ounce of dried Chamomile flowers on a baking sheet lined with baking parchment, and cover tightly with foil or a tight-fitting lid. Place the baking sheet with the flowers in the oven for 15 to 20 minutes (don't allow them to burn). Remove from oven and allow to cool completely, keeping fully sealed until cool.

Transfer the flowers to a non reactive pot that is safe to use on a stove top (enamel, glass, stainless steel, etc. Don't use any metal other than stainless steel for herbs). Cover flowers with water, place the lid on the pot and bring to a simmer. Simmer very gently, covered, for 20 minutes, and remove from heat. Allow it to cool completely to room temperature while remaining covered.

Once potion has cooled, strain through muslin, cheesecloth, mesh or paper coffee filters. Resulting liquid should have no floating plant materials in it, if it does, filter it again.

Return the strained liquid to the pot and simmer gently for 20 minutes, uncovered. Cool completely, and mix with an equal amount of grain alcohol (190 proof Everclear type of ethanol is best if possible, otherwise a high quality brandy or cognac is also traditional).

Add 20 drops of gold tincture and three drops of your own blood.

Funnel liquid into a dark bottle, well sealed, and store in a cool, dark place. A cupboard is fine, or it may be refrigerated.

Colloidal gold is available through many health food stores or mail order suppliers. Colloidal gold is the simplest type of gold tincture to use for your condenser. If you can't find it, you may make gold tincture in one of the following ways:

Gold tincture #1:

Purchase Gold Chloride from a photographic supplier. Carefully blend one gram of gold chloride diluted into 20 grams of distilled water to produce gold tincture.

Gold tincture #2:

Take a piece of gold as pure as you can find. Heat it until it is red hot using a butane torch or gas flame (be sure to use tongs). Drop it into a bowl containing ten times its weight of distilled water, allowing the water to react (in a similar manner as when you consecrated your athame). Don't allow your tongs to touch the water.

Using a non-metallic and non-plastic instrument, retrieve the gold from the water. Using your tongs, heat the gold again and repeat the heating and dropping into the water process another six times.

Pour the tincture into a glass bottle and preserve it for future use.