



## Week Five Notes and Homework

### I WORKING WITH THE WITCH LIGHT

The basic Witch Light as taught in *A Witch's Primer* is the color of a gas flame, or bunsen burner. This color, and also a pure "white light" are considered "all purpose" colors of the Witch Light to use in magic. However, it is also very helpful to become acquainted with the different colors of the spectrum when using the Light in your magic.

As a part of your daily Orb of Light practice, you have been gaining the ability to mold and shape this light substance at will. This week you will begin to also start changing your Orb to different colors in the spectrum. During your daily Orb practice, you will work with a different color of light up the spectrum each day this week:

Day 1: Red;  
Day 2: Orange;  
Day 3: Yellow;  
Day 4: Green;

Day 5: Blue;  
Day 6: Indigo; and,  
Day 7: Violet.

Also try working with Pink, Gold, Silver, and Red/Violet in addition to the spectral colors.

Begin each practice session by seeing your Orb forming as it normally does in the color of Witch Light you are accustomed to using. Call upon the principle of "Perfect Light," "Divine Light," "Infinite Light" etc. Next, see your Orb change to the color you have chosen to work with that day. Work with this light color, keeping the shade and hue of the color as vibrant and beautiful as possible. Notice which parts of your body, aura, energy centers, elemental bodies, etc. respond to the color you are using that day. Allow each color to **teach you** what purpose is best when calling on this color of light. Allow your entire mind, and body to be flooded with this divine colored light.

Be open and receptive to the information you are receiving while working with each color of light. If you need help, simply call on “Infinite Intelligence” “Divine Guidance,” or another principle which will help you to achieve the highest understanding of the color you are exploring that day. Take good notes, even if you don’t think you learned anything useful. Many people are surprised when reading over magical notes at a later date, as they find they had learned much more during the magical operation in question than they had originally realized.

As you go about your day, begin to call upon “Infinite Light” whenever you find yourself in any situation that could use it. Notice that you can call light into being whether or not you have built an Orb, just by calling on the principle of Light itself. Even if you aren’t yet able to see an image of light, just the intention of calling on and sending light will be enough to get it working. Send light into situations in your day. Use both the “generic” witch light, as well as different colors of light depending on your inner guidance. In working with the Witch Light, you are not attempting to manipulate people to do what you want them to do; rather, you are blessing situations and watching them transform before your eyes into something wonderful for you.

## II USING SONIC POWER

Within your voice is a tremendous vortex of magical power. When used on a regular basis, your voice has the ability to channel power that can break through blockages, fulfill desires, heal ailments and so much more. Magical power using the sound of the voice, is often known by the name Sonic Power.

Working with Sonic Power requires some privacy. Even sitting in a parked car is fine. Think of a situation that needs healing, or a goal that could use some extra energy. Distill your intention down into a single word or short phrase, (Peace, wealth, love, freedom, joy, I am entitled to happiness, etc). Think of a color of light to use, or simply use the basic Witch Light in your operation. Hold a symbol of the situation you are working on in your mind. Begin to channel great amounts of light to the symbol, as you chant your chosen word over and over again. You want this chant to well up from the deepest place you can and allow your voice to become as rich, free and powerful as possible. Focus your mind on the tone and the light pouring into your chosen mental symbol.

Keep chanting for as long as feels comfortable. Notice the difference you feel in your body and energy before, during and after your chanting sessions. Notice if you feel any blockages in energy when you begin chanting. If so, simply allow the sound to vibrate within these areas and open up the places that were feeling blocked, and thus creating a new flow of energy in those areas. When you feel like it’s time to stop chanting, do so, and sit in the feeling of the energy that you have raised with your sonic power.

You can also use this power during times which you are unable to chant out loud, by simply hearing the word within your own inner mind being chanted fully. The astral version of the chant has much power to create change, even when there has been no vibration uttered in the three dimensional world. You can even try practicing both the audible and silent Sonic Power techniques within the same session. When using the silent version, be sure to hear and feel your astral voice booming out loudly throughout your mind and all through the astral planes.

### III. ALLOWING MAGIC TO HAPPEN

Most people are much better transmitters than they are receivers. They work a lot on the “how to” of creating magical energy, tools, building power, and the like. Yet, when it comes to receiving the energy as tangible results, they are either oblivious to the energy coming their way, or are completely blocked off to it. I would say that the average person involved in magic receives less than ten percent of the gifts that they have asked for.

Take a moment right now and close your eyes, and imagine that all the good that you have not received in the past is now coming to you and that you receive it fully and freely. Say to yourself, “All the good that I am entitled to that I have not yet received is still mine, and I am receiving it now. It flows to me in waves of blessings, multiplied in wonderful ways right now.” Then see yourself being flooded with wonderful blessings.

It’s as if your higher self keeps all the gifts which you have not received in a Trust for you until you are ready and capable of receiving them, with interest. Become a good receiver right now. Accept the gifts that are your birthright.

You already know how to receive. Begin to think of all the things which you allow into your life right now. Notice that you already feel that you deserve these things. Air, water, food, are essential things which most people take for granted, but you know you deserve them, and thus are only too happy to receive them when they come. Begin to think of the other things in your life which you have somehow thought you weren’t deserving of, and thus have not been capable of receiving.

If there is a type of spell that you notice that you tend to repeat a lot, and don’t have a sense of success or completion, you must learn to receive this energy and allow it to manifest. Call on powers such as “Infinite Success,” “Divine Completion,” “Divine Acceptance” etc. Use commands such as, “I am receiving \_\_\_\_\_ right now. I am open and receptive to \_\_\_\_\_ right now, and I allow it to manifest in its highest form for me right now.” “Infinite completion is mine, and infinite completion permeates every aspect of this spell.” “I am grateful for the immediate and complete manifestation of \_\_\_\_\_ in its highest form, right now.”

If you tend to have issues that tend to be recurring in your life, learn to send them love and blessings. Thank them for all the wonderful things they are trying to do for you. Have conversations with these issues like they were other people. Tell them how much you appreciate them for trying to do something good for you. Ask them what they are trying to accomplish for you. Tell them that you would like for them to now do that same good thing in a brand new way that is in line with your current goals. Tell these parts of your mind that you place them under the loving care of your superconscious mind so that they will always know what to do.

If you feel any apprehension or discomfort at the thought of receiving the good that you are creating, talk to the part of your mind that is resistant as if it were a little child. Tell it how much you love it, and how grateful you are that it is trying to do so much good for you. Gently show it that it is safe to be open and receptive to the good you are creating. Call upon the principle of “Perfect Love” “Perfect Trust” and “Perfect Innocence.” See this part of yourself being flooded with Witch Light. Use Sonic Power on this part of your mind. See it growing more powerful, and more beautiful. See it growing more receptive to all that you are now creating.

Tell yourself, "I am receiving all the good that I desire right now." "I am open and receptive to the manifestation of my desire in its highest form, and it manifests for me right now."

Perhaps you feel that you don't deserve good things to come to you. This could be because you feel you haven't worked hard enough, you haven't suffered enough, you haven't sacrificed enough, or perhaps it's just because you feel you aren't good enough to have what you want. Don't put up with these thoughts for one more second. Right now, find a word or phrase that empowers you, such as "I am Open and Receptive Infinite Wealth right now." or "I am entitled to love, it is my birth right." etc. Then use your Sonic Power, and bathe these thoughts in Witch Light. Call on the divine principles that feel most powerful for you as you do this work. Blast your deep mind with the images of the Witch Light, and with the vibrations of Sonic Power. Take a stand right now, and keep at it until you get the results you desire and deserve.

You ARE entitled to the fulfillment of your desires. It is your birthright. Regardless of what anyone has ever told you, it's the truth. You can't change that, and neither can anyone else. All you can do is delay. Choose to no longer delay, and right now, stake your claim on that which already belongs to you. Think of Glinda telling Dorothy that she has always had the power to go home, but until she went through what she went through, she would have never believed it to be true. This is the same for all of us. We already possess the power to go "back home" to where all our dreams come true. But it is up to each of us to use this power and the allow magic to work on our behalf.

#### IV PRACTICAL MAGIC AS SPIRITUAL GROWTH

Don't buy into any half-baked metaphysical or magical teaching that tries to make you feel bad about using magic for practical purposes. People who think that magic is either spiritual or practical but "ne'er the twain shall meet," are simply uneducated, ignorant, stupid or all of the above. There is absolutely no precedence for the idea that practical magic is antithetical to spiritual development. In fact, spiritual growth is impossible unless it is part of a practical program for getting ones needs met and problems solved.

The idea that the spirit would somehow be sullied were it to be used for helping us to achieve goals, solve problems, heal sicknesses, or create wealth is superstitious thinking, which betrays a complete misunderstanding and/or ignorance of all ancient magical laws. People who feel that they should suffer, go without, and struggle and drudge their way through life in order to be spiritually alive are actually suffering from a sickness in their minds.

Come to a clear cut decision right now, that every success you achieve magically is now propelling you into more sublime spiritual growth and evolution. Call upon the principles of "Infinite Intelligence" "Divine Law" "Divine Order" "Perfect Love" "Perfect Trust" "Infinite Life" "Infinite Being" "Infinite Manifestation," etc. Allow these pure spiritual principles to permeate your mind and aura. Any time you catch yourself thinking thoughts such as "It's more spiritual to be poor" etc, flood these thoughts with the powers of the Divine Principles, Sonic Power and the Witch Light taught in this lesson. Don't put up with any spiritual bullies either in the world, or in your mind. You are armed with the power of the infinite, and all else is supremely outmatched. Remember this constantly.

## V WORKING MAGIC IN THE MOMENT

All magic is working with invisible forces in order to reshape and remold reality. Now you have techniques that can actually allow you to use magic effectively for positive and tangible results in your life. These techniques work, and they will grow more and more effective for you as you practice them. You must USE these tools and principles. It is not enough to know ABOUT magic, you have to WORK magic and on a daily basis. Learn to zap problems on the spot, as they come up. Flood any perceived problem or danger with a good, solid, steady stream of Witch Light. Don't give up until the problem begins to break up for you. There is absolutely no danger to anyone or anything when you flood them with Witch Light, unless they happen to have been doing something to try and harm you. But even then, the light is simply taking YOU out of the equation. The fact that their own negativity manifests in their lives has everything to do with them, and absolutely nothing to do with you.

If possible, get to a place where you can be alone and undisturbed and also use sonic power on the situation. Chant and channel your Witch Light until the situation breaks up. It usually doesn't take very long. Most negative things are impervious to high levels of magical power. If you find a particularly stubborn situation that seems to be taking longer to respond to your work, make sure that you call upon Divine Principle and your Superconscious Mind. Remind yourself that NO negative situation, person or thing is a match against the infinite power that created the entire universe.

Never wish anyone ill. Bless everyone in your life, even those who may not be wishing you well. This makes your power grow exponentially. The more power that you use on behalf of your own spiritual growth, and fulfilling your desires in the highest ways possible, the more power you have. It's similar to a body builder. If they use good form and workout regularly, in a healthy manner, they will become bigger, stronger and more powerful. As you continue to use good form and work your magic in a healthy manner, you too will magically grow bigger, stronger and more powerful.

## VI EXERCISING YOUR IMAGINATION AND VISUALIZATION ABILITIES

Read good fiction. Make it a point to read literature on a regular basis that is well written and filled with imagery. It matters not what it is. Begin with books that interest you, and then slowly expand your reading to incorporate some of the literary masterpieces. Be sure to include fairy tales, folk tales, legends, myths, stories from epic ballads and fables in your reading. These stories often include more than simple tales, but also contain many pieces of ancient wisdom and magical knowledge.

Also, listen to stories. Purchase audio books, visit story tellers, take turns telling stories and reading out loud with friends and family. Nothing will exercise your visualization powers as well as reading stories, telling stories and listening to stories.