



A Witch's Primer

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Lesson 11: Introduction to Spell-Casting

The first thing we want to do when we are casting a spell is to start making a list. Make a list of 10 short-term goals, things you want within the next week or two, 10 mid-term goals, things you want within the next one to three or three to five years, and ten long-term goals such as getting a degree or buying a home or traveling around the world, whatever you think a long-term goal might be.

If it's helpful, within those three categories, you could do three sub-categories: be, do, and have. List a few of each.

You should have at least 30 goals. If you don't want to have 10 long-term goals then put more in the short-term goal category, but be sure to have at least 30 on the page. Go over your short-term goal list and find two or three that really get your juices flowing, the ones that you want the most. Of those, which do you think would be the easiest for you to do, be, or have? So you will have a short-term goal that you could obtain without magic, fairly easily, fairly quickly, but you really want it.

Write a little chant about this objective. It needn't be more than four lines, if possible it should rhyme and have some sort of meter. Something like: "Great pleasure and great ease, my new camera does please", something easy.

Write it down in your book of shadows. If possible, work on something to have, rather than a be or a do. A thing is the easiest one to start with. If possible, get a picture of the thing and paste that into your book of shadows, and put the chant under it.

Do your grounding and centering, your orb of light, and your spirit body meditation, and get into a really deep, deep trance, and gently, so that you can see your picture if you open your eyes, see yourself receiving that thing, while you chant your little chant.

Don't worry about the moon phase or the day of the week right now. This is a simple spell. Do it every day, at the same time if possible, until you get this thing. Write down what you did every day in your book of shadows.

If you don't see a result within seven to ten days, stop doing the spell, it will happen when it happens. In this preliminary spell casting, I want you to see something happen, even if you have to go out into the world and make it happen. That's why I wanted you to start out with something easy that doesn't really even require magic to get.

Summary: Grounding and centering, Orb of Light, open and align your energy centers, then stay in that deep state of mind, see what you want, and make sure you want what you see. Keep your mind focused by using a chant that you have created. Keep it up for about a week.

If you have an altar, you can light a single white candle on it. You can use it over and over. It is simply there to give atmosphere to your spell. If you want to, you could also have your chalice of water, your pentacle, or a little dish of earth or salt, and maybe a little incense burning or a feather so that you have each element represented on your altar.

When you finish your spell for the day, you want to thank your spirit guide if you work with one, and any other friendly spirits that have gathered.