

Witchcraft

Beyond the Basics



With
Ariel Gatoga

Week Two Homework Assignments:

I MEDITATIONS

Continue to work daily with the three meditations (morning, evening and orb of light). Feel free to work with the recordings, or on your own as you desire).

II BANISHING PREPARATION (Need not be performed on the same day as the spell)

1. Choose at least one item from your elimination list to banish this waning moon.
2. On a piece of paper name that which you are banishing and then write down all the thoughts and energy patterns which make up the thought form you are releasing.
3. On a separate sheet of paper, make a list of the opposite qualities and conditions for each item as described in this week's lesson.

III BANISHING SPELL

1. Choose the proper planet which corresponds to that which you are banishing.
2. Choose the appropriate day of the week to perform your spell (Planetary hour is not necessary for now).
4. Be sure you know the appropriate BANISHING AURIC COLOR prior to beginning your spell.
5. If possible, anoint a candle of the same color as the auric color you are using in your spell and place it on your altar. (or use a tea light in an appropriate colored glass holder if you prefer).
6. If you are using oil and incense, plain olive oil and salt for the oil and one of the simple incenses given last week is always fine. If you prefer to use a planetary incense you may either use the recipes given, or simply choose one ingredient from each recipe.
7. You may cast a circle if you desire, but it is not necessary. At least do a basic cleansing of the space with salt and water/fire and air.

8. You may start with your Orb of Light meditation prior to beginning your banishing, if you desire.
 9. Light the candle and place the paper in front of it.
 10. Listen to the included Banishing spell/meditation.
 11. When you are complete, either ignite the paper from the spell candle and burn in your thurible, or tear it up and throw it away
 12. If you have used a candle, allow it to burn down and out. **DO NOT LEAVE CANDLES UNATTENDED.** If necessary, burn the candle a bit at a time while you are in its vicinity over the course of several days. Tip: Use a small tea light in an appropriately colored glass rather than a colored candle in order to reduce burn times.
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12. Only banish once for any single item. Once it's done, it's done. Let it go as it will. Focus on the list of opposite qualities you made instead.

IV GOALS

Continue to work with your goals and ideal scene essay in order to get ready for the next waxing moon. Be sure you have categorized your goals. Rate each one on a scale of 1 to 10 for level of desire: 10 being the highest; and also on a scale of 1 to 10 as to where each goal is in your sphere of influence 1 as seeming impossible and 10 as seeming very easy to obtain.

V MIRROR MAGIC

Obtain any type of altar mirror (hand held is my personal favorite). Add 3 minutes per day of gazing at your eyes in dim light and tell the reflection "You are beautiful and powerful and you deserve to have all you desire. I love and approve of you right now exactly as you are." Keep a sheet of paper handy and jot down any negative feelings or responses you may have to this exercise.

VI MAGICAL DIARY

Begin each day to write down what you did magically that day. Short entries are fine. If you desire to write more you may. It needn't take more than 1 or 2 minutes. Date each entry and simply write what you did, and any impressions you may have had. When you notice any magical successes or manifestations, please also include those in your diary as well.